

American Society *of*
Pediatric Nephrology

13th Annual

ASPN Multidisciplinary Symposium



November 13-14, 2025

Virtual

www.ASPNeph.org

13th Annual ASPN Multidisciplinary Symposium

PROGRAM AGENDA

THURSDAY, NOVEMBER 13, 2025

KEYNOTE SESSION

12:00 - 1:00 pm ET	11:00 am - 12:00 pm CT	09:00 am - 10:00 am PT
Supporting Immigrant Families: Practical Approaches in Pediatric Subspecialty Care		
Hayley Sparks, MD, FAAP Chicago, IL		

GENERAL SESSION

1:00 - 2:00 pm ET	12:00 - 1:00 pm CT	10:00 - 11:00 am PT
AKI in the outpatient setting		
Elizabeth Rompies, APRN, CPNP Mason, OH		

SPLIT SESSION NURSES, SOCIAL WORKERS, DIETITIANS

2:00 - 3:00 pm ET	1:00 - 2:00 pm CT	11:00 - 12:00 pm PT
NURSES		
Neonatal Hypertension		
Amy Stanford, MD, FASE Iowa City, IA		

SOCIAL WORKERS

Do You Measure Up? Neuropsychological Assessment of Cognitive and Behavioral Changes in Our Patients	Patricia Klaas, PhD Cleveland, OH
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DIETITIANS

The Role of Plant-Based Diets in Chronic Kidney Disease	Merideth Miller, RD, CSP, LD Cleveland, OH
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GENERAL SESSION

3:00 - 4:00 pm ET	2:00 - 3:00 pm CT	12:00 - 1:00 pm PT
Thrombotic Microangiopathy & Atypical HUS		
Michael Michalopoulos, MD Iowa City, IA		

ADVOCACY

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RESEARCH

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FRIDAY, NOVEMBER 14, 2025

GENERAL SESSION

1:00 - 2:00 pm ET

12:00 - 1:00 pm CT

10:00 - 11:00 am PT

Vaccine Advocacy in Troubled Times

*Michelle Fiscus, MD, FAAP
Fort Washington, MD*

THREE SPLIT SESSIONS - NURSES, SOCIAL WORKERS, DIETITIANS

NURSES

2:00 - 3:00 pm ET

1:00 - 2:00 pm CT

11:00 - 12:00 pm PT

The Anatomy of a Kidney

*Sabina Kennedy, MD
Atlanta, GA*

3:00 - 4:00 pm ET

2:00 - 3:00 pm CT

12:00 - 1:00 pm PT

AKI Follow Up- Continuity of Care Post Discharge

*Elizabeth Rompies, APRN, CPNP
Mason, OH*

SOCIAL WORKERS

2:00 - 3:00 pm ET

1:00 - 2:00 pm CT

11:00 - 12:00 pm PT

Psychiatric Care-Depression

*Angela Long, CRNP, FNP-BC, PMHNP-BC
Middle River, MD*

3:00 - 4:00 pm ET

2:00 - 3:00 pm CT

12:00 - 1:00 pm PT

Caring for the Whole Child: A Kidney Transplant Case Study

*Lenzee Newman, LMSW
Charleston, SC*

DIETITIANS

2:00 - 3:00 pm ET

1:00 - 2:00 pm CT

11:00 - 12:00 pm PT

Diet and the Kidney stone patient

*Silvia Solano, MS, RD, LDN
Baltimore, MD*

3:00 - 4:00 pm ET

2:00 - 3:00 pm CT

12:00 - 1:00 pm PT

Update on most recent Pediatric Renal Nutrition Taskforce recs

*Christina Nelms, MS, RDN
Kearney, NE
Nonnie Polderman, RD
Vancouver, Canada*

COMBINED FINAL SESSION

4:00 - 5:00 pm ET

3:00 - 4:00 pm CT

1:00 - 2:00 pm PT

Life as an ARPKD Family (Mother of ARPKD patient)

*Carolyn Garrott, RPh, PharmD
Avon Lake OH*

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Conference Chair



Tamara Hill, DNP, CPNP-AC

University of Maryland Medical Center
Baltimore, MD

Dr. Tamara Hill is an acute care pediatric nurse practitioner and has practiced at the University of Maryland medical Center for 15+ years; specializing in Pediatric Nephrology as a Senior NP II. She received her Master of Science as a Nurse Practitioner at the University of Maryland School of Nursing (UMSON) in 2010 and her Post-Masters DNP in May 2017 from the UMSON. Her DNP project focused on the development of a transition program for pediatric to adult services for children with chronic illness. She currently serves in the role of Governance Chair for the Pi at-Large Chapter of Sigma Theta Tau and on many committees in leadership for her community and the University of Maryland. She is an Associate Faculty for UM School of Nursing DNP Program and serves on the Preceptor Advisory Board. She is a Visiting Professor/ Master Instructor for Chamberlain University FNP Track Program, where she is the recipient of the Award for Extraordinary Nurse Educators. She is Chair of the American Society of Pediatric Nephrology Advanced Practice Providers Special Interest Group. She has served as a test item reviewer for the Pediatric Acute Care Exam Committee for the Pediatric Nursing Certification Board and has participated in its Joint task Analysis for item development.

Organizing Committee



Carolyn Abitbol, MD

HoltzChildren's Hospital
University of Miami
Miami, FL



**Janette Cassano,
LCSW**

CookChildren's HealthCare
System
Prosper, TX



**Alex Constantinescu,
MD**

Joe DiMaggio Children's
Hospital
Hollywood, FL



**Ewa Elenberg, MD,
MEd**

Texas Children's Hospital
Baylor College of Medicine
Houston, TX



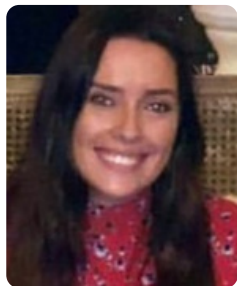
**Marisa Juarez, MPH,
RD, LD**

TexasChildren's Hospital
Houston, TX



**Merideth Miller, RD,
CSP, LD**

ClevelandClinic Children's
Cleveland, OH



**Lenzee Newman,
LMSW**

MedicalUniversity ofSouth
Carolina
Charleston, SC



**Lisa Palm, BSN, MS,
RN, CPN**

Children's Health Care of
Atlanta
Atlanta, GA



Alison Schoch, CPNP

ClevelandClinic Children's
Cleveland, OH



**Kristen Sgambat, RD,
PhD**

Children'sNational Hospital
Washington, DC



Taneisha Stanton, RN

University ofMaryland
College Park, MD



Melissa Trabold, NP

Children's Health Care of
Atlanta
Atlanta, GA



**Brynna Van Wyk, MSN,
ARNP, CPNP**

University ofIowa Stead
Family Children's Hospital
Iowa City, IA

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Faculty



Michelle Fiscus

MD FAAP

Dr. Michelle Fiscus is a board-certified pediatrician and public health advocate who practiced general pediatrics in Franklin, TN for 17 years before transitioning to a career in public health in 2016. She served as the medical director of the Tennessee Department of Health's Vaccine-Preventable Diseases and Immunization Program and led the state's COVID-19 vaccination efforts until July 2021. Since 2022, she has served as the inaugural Chief Medical Officer of the Association of Immunization Managers, the professional organization of the 66 federally-funded immunization programs across the U.S. states, territories, and major cities. Dr. Fiscus has served as a senior health policy consultant for the National Academy for State Health Policy and served on the Board of Directors of the American Academy of Pediatrics. Dr. Fiscus is a proud graduate of Indiana University and Indiana University School of Medicine and completed her residency in pediatrics at the James Whitcomb Riley Hospital for Children at Indiana University Medical Center. She is currently pursuing a Masters in Public Health at the Bloomberg School of Public Health at John Hopkins University as a Bloomberg American Health Initiative Fellow.



Carolyn Garrott

RPh, PharmD. Mother of ARPKD patient

I graduated from Ohio Northern University with a PharmD in 2005, and have been a practicing pharmacist for 20 years. My husband and I have 2 kids, William and Matthew. William is a 15-year old ARPKD patient who is 13 years post-transplant. The four of us reside in Avon Lake, OH with our dog and 2 cats.



Sabina Kennedy

MD

Sabina Kennedy was born and raised in India, and after moving to the US for college, went to medical school at the Keck School of Medicine, University of Southern California. She then did her residency in Pediatrics at the University of California (UCLA), Los Angeles, followed by a fellowship in Pediatric Nephrology, also at UCLA. She is now an Associate Professor of Pediatrics, Division of Nephrology at Emory University in Atlanta, Georgia. She is passionate about teaching renal physiology to trainees of all levels including medical students, residents and fellows, focuses on management of patients with chronic kidney disease and those receiving dialysis, and loves to work in the multidisciplinary setting to provide comprehensive care for patients with kidney disease.



Patricia Klaas

PhD

Has worked at the Cleveland Clinic as a pediatric neuropsychologist for the past 21 years. Her practice includes children with histories of transplants as well as chronic kidney disease among other populations. Prior to working in Cleveland, she worked for the National Cancer Institute at NIH in the Pediatric HIV Working Group. She has a PhD in Clinical Neuropsychology from the University of Houston and completed her undergraduate degree at the University of Illinois-Chicago.

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Angela Long

CRNP, FNP-BC, PMHNP-BC

Angela Long – CRNP, FNP-BC, PMHNP-BC. I've always been passionate about helping others. My journey has been incredibly rewarding. I'm a realistic person, and I know I can't help everyone, but my commitment to my community and practice has made a significant impact on many lives. I started my career as a nursing assistant in a nursing home and then moved on to work in the neonatal and pediatric units at a local community hospital. I gained valuable experience during those early years and decided to pursue further education. I went back to school and became a pediatric emergency room nurse, then a family nurse practitioner, and finally, a psychiatric nurse practitioner. I worked for eight years in an inpatient psychiatric unit, helping to care for the sickest individuals during their most challenging and urgent times. I also spent two years in a drug and alcohol treatment program as a psychiatric nurse practitioner and eight years in urgent care as a family nurse practitioner. Throughout my career, I've learned that safety is paramount, and it's crucial to listen attentively to patients' needs and concerns. I strive to meet patients where they are at that very moment in their lives. Today, I'm fortunate to collaborate with primary care providers, pediatricians, oncologists, outpatient clinics, school psychologists, therapists, and social workers to provide Integrated Psychiatric Services in all three of my offices.



Michael Michalopoulos

MD

Clinical Assistant Professor at the University of Iowa Carver College of Medicine with an interest in Glomerular Diseases, Complement-Mediated Glomerular Diseases, and Medical Education.



Merideth Miller

RD, CSP, LD

I received my Bachelor's of science from The Ohio State University in 2000 and completed the Cleveland Clinic Dietetic Internship in 2001. I am now pursuing a Master's in Food and Nutrition Sciences from Ohio University. I have been a pediatric dietitian for the past 24 years at Cleveland Clinic Children's Hospital. My primary focus is in nephrology and I see patients from birth to 26 years of age for general nephrology concerns, CKD, dialysis and transplant. I also do general outpatient counseling and cross cover at the Cleveland Clinic Children's Hospital for Rehabilitation.

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Christina Nelms

MS RDN

Christina (Chris) Nelms has been a pediatric renal dietitian for 24 years. She works at Children's Mercy in Kansas City and has done frequent webinars and other educational events as well as authored several publications. She is part of the pediatric renal nutrition taskforce, creating clinical practice recommendations for nutritional care of children with CKD and is the current lead on the transplant CPR. She is part of PRONA (pediatric renal dietitians of North America) and is currently pursuing her doctorate at Rutgers University where she is focusing her research on assessment of children with CKD.



Lenzee Newman

LMSW

My name is Lenzee Newman, LMSW. I am a Pediatric Transplant Social Worker at the Medical University of South Carolina. I earned my Master of Social Work degree from the University of South Carolina and have professional experience in both pediatric transplant as well as developmental and behavioral pediatrics. My work focuses on addressing the psychosocial complexities of transplant care and providing family-centered support throughout the transplant journey.



Nonnie Polderman

Registered Dietitian

Nonnie Polderman is a dietitian practicing in pediatric nephrology at BC Children's Hospital in Vancouver. She collaborates closely with pediatric nephrologists as part of a nutrition team providing evidence-based nutritional care to infants and children with kidney disease. Besides her role at BC Children's Hospital, Nonnie serves as co-chair of the Pediatric Renal Nutrition Taskforce, a collaborative international initiative endorsed by the European Society for Paediatric Nephrology. In this leadership role, she helps steer the development of clinical practice guidelines aimed at optimizing nutrition for children with chronic kidney disease. Nonnie has authored multiple publications and textbook chapters on pediatric renal nutrition, contributing substantially to both research and clinical practice.



Elizabeth Rompies

APRN, CPNP

Elizabeth Rompies is a Pediatric Primary Care Nurse Practitioner in the Center for Acute Care Nephrology (CACN) at Cincinnati Children's Hospital Medical Center. Liz has 21 years of experience caring for both adult and pediatric patients in various settings, with the last 12 years spent in advanced practice. She is the APN Program Lead for the AKI Survivor Clinic and outpatient apheresis at CCHMC. She is additionally an education specialist for the CACN.

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Silvia Solano

MS, RD, LDN

Silvia Solano MS, RD, LDN is a Pediatric Registered Dietitian who resides in Baltimore, MD. Silvia obtained her BS in Nutrition at the University of Costa Rica, her Master of Science in Nutrition at State University of New York Oneonta. Silvia has worked with the adult and the pediatric population in acute and outpatient settings. She currently supports pediatric patients with renal and GI conditions working with University of Maryland Faculty Physicians Pediatric GI and Nephrology. Her main areas of interest are feeding and eating disorders.



Hayley Sparks

MD, FAAP

Dr. Hayley Sparks is a general pediatrician with expertise in immigrant child health and health equity. She has held leadership roles with the American Academy of Pediatrics in Maryland and Illinois, where she has contributed to legislation, policy development, and advocacy on behalf of immigrant families. In addition to her policy work, Dr. Sparks has led clinical and educational initiatives focused on culturally responsive communication, trauma-informed care, and multidisciplinary collaboration. She has shared her work nationally and is dedicated to advancing best practices that promote equitable care for immigrant children across primary and subspecialty settings.



Amy Stanford

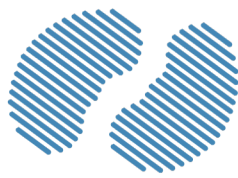
MD, FASE

Dr. Amy Stanford is a Clinical Assistant Professor in the Division of Neonatology at the University of Iowa. She completed residency, neonatology fellowship, and neonatal hemodynamic fellowship at the University of Iowa. Dr Stanford is the clinical lead of the Hemodynamics Program at the University of Iowa, as well as the director of the Outpatient Hemodynamics Clinic. Her research interests include chronic pulmonary hypertension and cardiovascular outcomes of extremely premature neonates.

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Tamara Hill, DNP, CPNP-AC
University of Maryland Medical
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Baltimore, MD

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University of Miami
Miami, FL

Janette Cassano, LCSW
Cook Children's Health Care System
Prosper, TX

Alex Constantinescu, MD
Joe DiMaggio Children's Hospital
Hollywood, FL

Ewa Elenberg, MD, MEd
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Houston, TX

Marisa Juarez, MPH, RD, LD
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Merideth Miller, RD, CSP, LD
Cleveland Clinic Children's
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Lenzee Newman, LMSW
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Charleston, SC

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Kristen Sgambat RD, PhD
Children's National Hospital
Washington, DC

Taneisha Stanton, RN
University of Maryland
College Park, MD

Melissa Trabold, NP
Children's Health Care of Atlanta
Atlanta, GA

**Brynna Van Wyk, MSN, ARNP,
CPNP**
University of Iowa Stead Family
Children's
Hospital, Iowa City, IA

Contact us at:
info@asneph.org
703-718-6022

MEETING & REGISTRATION WEBSITE:

<https://asneph.org/multidisciplinary-symposium/>

REGISTRATION DEADLINE: November 13, 2025

FEES:

ASPEN Affiliate Members	\$85.00
Non-members*	\$135.00

ADDITIONAL INFORMATION

CEU Credits CEU credits will be available for **Dietitians, Nurses and Social Workers. 8 credits** will be available for Dietitians from the **Academy of Nutrition and Dietetics, 8 credits** will be available for Social Workers from the **National Association of Social Workers - Washington State Chapter** and **8 credits** will be available to **Nurses** from the **Georgia Nurses Association**. This activity has been submitted to **Georgia Nurses Association** for approval to award contact hours. Georgia Nurses Association is accredited as an approver of nursing continuing professional development by the **American Nurses Credentialing Center's Commission on Accreditation**

***Affiliate Membership:** For first-time attendees and individuals new to ASPN who have never previously held a membership, the non-member registration includes ASPN Affiliate membership for the 2026 dues year.

Meeting Materials will be available for meeting attendees after the meeting.

ABOUT THE ASPN

The American Society of Pediatric Nephrology is an organization of pediatric nephrologists and affiliated health care professionals. Its primary goals are to promote optimal care for children with kidney disease through advocacy, education and research; and to disseminate advances in clinical practice and scientific investigation. The Society accepts membership applications year round. For more information, visit www.ASPNeph.org.

WHO SHOULD ATTEND

Nurses, Social Workers, Dietitians, Child Life Specialists, Psychologists, or anyone who works on a Pediatric Nephrology Team

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